



STRATA PLAN NW 3355 THE METROPOLITAN

RULES

THE METROPOLITAN STRATA PLAN NW 3355

APPROVED RULES

FITNESS ROOM

(Proposed Gym Rules 2012)

- No children under 12 years of age are allowed.
- Children aged 12 to 16 must be supervised by an adult.
- No group activities. This area is designated for individual use only.
- Use of this room is for residents only, and is not open to the public.
- No food or drink allowed, except for water in unbreakable containers.
- Personal weights and bands are allowed. No other outside equipment or furniture is permitted.
- Do not move gym equipment that is meant to be stationary.
- Clean equipment after use.
- During peak times, limit the use of each piece of equipment to 30 minutes.
- No loud music, TV, or noise. Personal head phones are recommended.
- Footwear that damages the floor or equipment must not be worn. Proper athletic shoes are recommended.
- Please be courteous and respectful to your fellow fitness room users.