

Nordic Program Registration open

We offer sit-ski rentals, 1-2-1 Nordic lessons (either 1 or 2 hours), as well as bespoke athlete clinics. The lessons can be tailored to meet an individual's needs (we can provide an ASL interpreter or a buddy to assist an individual) and we will work to accommodate preferred dates and times. To learn more visit: <http://www.whistleradaptive.com/Nordic.ubr>

Pricing

Sit-Ski rentals for independent Nordic skiing on the local trails at: Lost Lake and Callaghan Valley:

1 day rental - *\$20/day

2009/10 Winter Season Nordic rental pass - *\$200

The Season Pass includes: free rentals booked 1 week in advance (subject to availability), half price lessons and camps/clinics.

1-to-1 skill development clinics for 1 or 2 hours:

1 hour (includes equipment rental and instruction) *\$30

2 hours (includes equipment rental and instruction) *\$50

Trail passes are NOT included in lessons and rentals. However WASP members with a disability receive a discount. Guests should contact us to find out how to receive the discount.

*Individuals MUST become a WASP member to rent a sit-ski or take a Nordic lesson with us (\$5). Prices include taxes.

Contact us: info@whistleradaptive.com or 604.905.4493 to discuss availability and purchase a rental/lesson online at: www.whistleradaptive.com.

Whistler Adaptive Ski & Snowboard Program 2009/10 taking bookings

This winter program caters to a full spectrum of skiers and snowboarders from beginner through advanced. Our trained and certified instructors, guides, and assistants will help those with both physical and cognitive disabilities access the slopes of Whistler Blackcomb. Please join us to experience outdoor activity in a safe, friendly, and FUN way. We tailor our lessons to suit your needs, creating the best memories....again and again. To learn more visit:

<http://www.whistlerblackcomb.com/rentals/adaptive/index.htm>

2009.10 Programs	Price
Full Day Lesson & Lift Ticket	\$218
Full Day Lesson Only	\$199
Full Day Lesson & Lift Ticket Sea-to-Sky and Lower Mainland Resident	\$138
Full Day Lesson Only Sea-to-Sky and Lower Mainland Resident	\$119
Full Day "Buddy" (applies to those enrolled in mainstream Ski School Lessons)**	\$55

2009.10 Programs	Price
ASD Program	\$199
ASD Program Sea-to-Sky and Lower Mainland Resident	\$119

- Prices include equipment rental if required; the price does not change if you have your own equipment.
- All lessons with ticket packages include access to the PEAK 2 PEAK Gondola.
- Sea to Sky and Lower Mainland area encompasses regions from D'Arcy through Langley
- Rates do not include [taxes](#)
- All guests are required to purchase a membership in the Disabled Skiers Association of BC (DSABC).

To register for the Whistler Adaptive Ski and Ride Program, please follow the following link:

<http://www.whistleradaptive.com/winterregister.ubr>

There is some funding available for qualifying persons with disabilities/special needs, visit

<http://www.whistlerblackcomb.com/rentals/adaptive/index.htm> to find out more.

Garage Sale - Dec 8th

The Delta will host a Garage Sale to benefit WASP and Habitat for Humanity on Tuesday December 8th, 2-6pm.

Put the date in your diary and start searching through your home/basement/crawl space for donations.

Upcoming CADS (Canadian Association for Disabled Skiing) Courses

- Level 1: 8-10 Jan 2010
- Level 2&2a: 23-24 Jan 2010
- Level 1: 16-18 Feb 2010
- Level 2&2a: 10-11 Apr 2010

Contact information: Tel: 604-905-2071, Email: wbadaptive@inrawest.com

The WASP website has an events calendar and news blog on the homepage - keep checking www.whistleradaptive.com for up-to-date information.

Donation and Sponsor News

We would like to thank Danex Contracting for their recent donation of \$400. The donation will be used to provide training for the Whistler Adaptive Ski and Snowboard Program and CADS Courses for our volunteers. Thanks also to Carol Maclaine for helping to make this donation possible.

We recently received a donation in the memory of Chrissy Longo and will be happy to honour her volunteer contribution to the Whistler Adaptive Sports Program.

Giving to charity can give back to you

by Ijeoma Ross

Giving to charity before the end of the year can give back to you when tax time rolls around.

At this time of year, many charities are asking you to give to others. With so many things going on, it's tempting to put it off until the new year.

But there can be a financial reward for giving before the end of the year. Donate to charity now and you may get a pleasant surprise at tax time.

Many people know you get a tax credit if you give to charity, but may not know how it works.

A tax credit does not automatically mean a bigger tax refund. It is a credit against the taxes you have to pay. If your income level means you don't pay taxes, then there's nothing to credit.

If you do have to pay taxes, the tax credit means you write a smaller cheque to the government or, if you're getting a refund, it will be increased by the amount of the credit.

Those who can really benefit from giving to charity are people who had a particularly high income – a big bonus or severance package – in one year. Giving to charity during that year will earn you a credit against the additional taxes payable on that increased income.

The key to decreasing those taxes is that the charitable donation has to be made by Dec. 31st of the year you earned the income.

The next step is figuring how the credit is calculated. Giving to charity reduces both your federal and provincial taxes and the combined rate varies by province. For the first \$200, the combined tax credit is equivalent to the lowest tax bracket in each province, which is generally between 20% and 25%. At 20%, a donation of \$200 would be a credit of \$40.

Any amount over \$200 is credited at a combined rate about equal to the highest tax bracket in each province. They range between 39% and 48%.

So \$400 in donations for a resident of British Columbia, which has a bottom rate of 20% and a top rate of 43.7%, would mean a \$40 credit for the first \$200 and \$87.40 for the second \$200 for a total of \$127.40. Not bad for giving to others.

There is an additional benefit of not paying capital gains tax on donating any stocks, mutual funds or other securities.

Please consider making a donation to the Whistler Adaptive Sports Program this December.

We need your support for operational and capital funding. To make a donation today please click on the following link: [Donate Now](#)

Paralympic/Olympic News - Less than 100 Days to Go for the Paralympics!

Did you know: There are 10 Mondays remaining until the Olympic Ceremonies?

Game Plan Winter 2009:

Pemberton: December 8 from 7pm – 9pm at the New Pemberton Community Centre

Whistler: December 9 from 7pm – 9pm at the Whistler Conference Centre

Squamish: December 10 from 7pm – 9pm at Brennan Park Recreation Centre

Building on public information sessions held in 2008, the Game Plan 2009 meetings will offer attendees a snapshot of [daily life at and around the venues](#), and provide an opportunity to ask questions. The sessions will focus on the activities associated with pre-Games and Games-time operations in areas such as venue and transportation operations, security and public safety, and will also provide insight into how a venue operates before, during and after the Games. Attendees will also discover the many ways to participate in the excitement of the 2010 Winter Games.

For more information on Game Plan please visit www.vancouver2010.com/gameplan

Whistler Main Ticket Centre: The Whistler Main Ticket Box Office opened Thursday, November 26 and is located near Whistler Medals Plaza. The Box Office will be open to serve the public **Tuesdays through Sundays from 10 a.m. to 6 p.m.** VISA and cash are the only accepted payment options. **Paralympic tickets for high-demand events such as the Opening Ceremony, ice sledge hockey and alpine skiing are also currently available at the box office, online at vancouver2010.com and by phone at 1-800-TICKETS.**

AUDITION NOTICE – VOLUNTEER PERFORMERS NEEDED: From February 12th to March 21st we want the best of the best to be part of this once in a lifetime celebration. We are looking for artists / acts that capture these themes for the Canadian Winter Olympics. The team is looking for Comedic Actors / Singers / Dancers / Jugglers etc. Note: You are with the spectators - these are outdoor opportunities and without technical support. There are “shift gifts” – after every three days you earn another Olympic gift. Do the whole event and get a special commemorative performers pin.

Information Session for Performers Sunday December 6th – 4:30pm to 6:00pm – Sea to Sky Corridor

Sea to Sky Volunteer Center - 40437 Tantalus Rd. Squamish

Audition for Performers: Sunday December 13th – 11am to 5pm – Sea to Sky Corridor

Sea to Sky Volunteer Center - 40437 Tantalus Rd. Squamish

YOU MUST RSVP to book a spot for the Information Session and an Audition. Please put “Olympic Audition” in the subject line. Give a brief description of your talent – and include photo and/or website where possible. We will only contact those we wish to see. Thank you! Merci! – Lets get ready to welcome the world.

Please email David C. Jones at david_jones@vancouver2010.com



Join the ‘Whistler Adaptive Sports Program’ Group in Facebook to stay up-to-date with new events and activities, [click here](#).