

Check out Ross on Jan. 6th, 2007 on Roadtrip Nation.

Roadtrip Nation - Upcoming Episodes
Saturday, January 6, 2007 - 11:30 PM

#311

Three Canadian students continue their road trip through British Columbia. The team talks with **Olympic snowboarder Ross Rebagliati**, Rob Feenie owner and executive chef of Lumiere restaurant and Kalle Lasn founder of Adbusters Magazine before going back to the U.S. Order of presentation: Eleven of twelve.

Channel: KCTS

Also Airs:

Saturday, January 6, 2007 11:30 PM (KCTS)

Saturday, January 6, 2007 11:30 PM (DT)

Saturday, January 6, 2007 11:30 PM (KYVE)

Ross Rebagliati, Olympic Gold Medalist Snowboarder

“The passion is just something that comes from within. It’s like you’re in love, and you can’t control it. There’s nothing that anyone can do to stop you.” Olympic Gold Medalist Ross Rebagliati speaks from experience. When he discovered snowboarding, he knew right away the sport was for him. After getting “really, really addicted to it,” he realized he wanted to snowboard for a living. “It was a big risk,” he says, “but at the same time, I don’t really feel comfortable . . . unless I’m pushing the envelope. My idea is basically to find where your limit is, and then that’s your starting point.”

His rigorous training paid off, and he reached his goal. His problems started after the Olympics when the high of winning wore off: he lost his focus. All over again he had to figure out who he was and what he wanted to do. Able now to look back on that dark period, he shares valuable insights with the Roadtrip Nation team: “I think that no matter what you guys decide to do . . . there’s going to be things happening to you or around you that are going to change the course of whatever you were trying to do. You just have to take a little detour, and if that’s a year or six months or one week or ten years, it doesn’t matter. Just keep focused on the big picture. It’s a good thing to do.”

Quote:

“Success is what you make of it. So you really have to decide for yourself what success means to you. I think as long as you’re happy . . . then you’re

successful.”

“It’s good to not lose touch with how cool the trees look when the sun hits them in the morning, and stuff like that.”