

Fresh Sheet

Vancouver Sun

Published: Friday, February 02, 2007

LIVE ROOTS

They left the stage at the Commodore just a few hours ago, but go to www.vancouver.sun.com to check out our review of last night's show ... as well as a photo gallery of the Philadelphia band in action in Vancouver. The same review will also appear in Saturday's Arts & Life section.

HOT PLATES

Seven of Canada's top chefs will compete in the Gold Medal Plates competition at the Hilton Whistler Resort and Spa in Whistler for the title of Canadian champion. The competition takes place over three days, starting today, and includes a Black Box, blind wine pairing and final cooking competition. The event was established in 2003 in support of Olympic and Paralympic athletes and has raised more than \$1.5 million. Robert Clark of C restaurant represents Vancouver. Event hosts are Olympic athletes Steve Podborski, **Ross Rebagliati** and Paul Rosen.

MOTOWN LEGEND

There's no other way of saying it: He's Smokey Robinson and you're not. But the man who wrote My Guy and sang My Girl and Tears of a Clown is also playing at the River Rock Show Theatre tonight and Saturday at 8 p.m. and you might still have a chance to see him. Tix are \$64.50 to \$79.50 at Ticketmaster.

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