

January 2010

The Barnacle



A publication of Alexandra Neighbourhood House
formerly Crescent Beach Community Services at Camp Alexandra
2916 McBride Avenue, Surrey, BC V4A 3G2 ~ 604.535.0015 ~ www.alexhouse.net



**All the best to you
in 2010**

*from everyone at Alexandra
Neighbourhood House.*

***We've changed
our name***

**But almost
everything else
remains the same.**

You'll find us at
2916 McBride Avenue
Surrey, BC

Normal business hours:
Monday to Friday
9 a.m. – 4:30 p.m.

Child & Parenting Programs

Busy Bees Starts Jan. 5

A wonderful opportunity to connect with other parents and caregivers. Parent information and resources on child development, health and parenting issues are always available. 10 a.m. – 12:30 p.m. Tuesdays and Thursdays. Drop-in. Books of 10 drop-in tickets for \$30 available.

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|-------------------------------|---|
| Jan 5 Mitten Fun | Jan 7 Sparkle Painting |
| Jan 12 Frosty Pictures | Jan 14 White Art |
| Jan 19 Snow People | Jan 21 Stamping Pattern Painting |
| Jan 28 Sandpaper Art | |

Visit the Alexandra Neighbourhood House reception desk for more information.

Parent-child Mother Goose

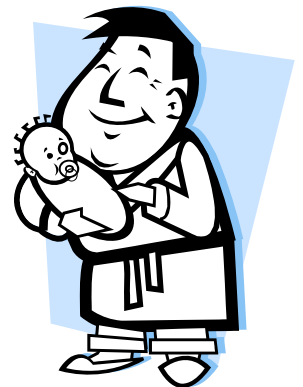
Spring registration for the next session begins Monday, March 1.

Right From the Start

A healthy parent-child relationship promotes infant attachment, security, mental development and wellbeing.

This course, beginning in January, helps parents connect with their babies.

*Call Shelley at 604-535-0015 Ext. 229
or email scranstone@alexhouse.net
for more information.*



More Tools for Your Parenting Toolkit

A FREE six-week parent education group for parents and caregivers of children 4-12 years old. Join other parents in an interactive and positive environment to develop your skills as parents.

For more information about our January session, contact Dianne at 604-538-5060, Ext. 22.

Parent Connect

This ongoing support group provides parents of children ages 5 to 12 with the opportunity to share, be heard, and learn about and discuss various parenting skills, and to receive support and encouragement.

This drop-in program is held 7-8:30 p.m. the first Wednesday of each month at the White Rock Library.

Contact Dianne at 604-538-5060, Ext. 22 for more information.

Planning...
meetings, weddings, seminars?

Beecher Place Rentals

Waterfront Room ~ Ocean View ~ Seats 80 ~ Available to 11 p.m.

Call 604-535-0015 Ext. 231

Youth Programs

Writers, editors and publishers present informal workshops to participants **In Our Own Words** youth literacy project. The following sessions are open to youth (aged 15+) and adults.

4 – 5:30 p.m. at Camp Alexandra.

- **Wednesday, January 13**
Carmen Wright
- **Thursday, January 28**
James McCann
- **Friday, February 5**
Heidi Greco
(*Time tbc*)
- **Wednesday February 17**
Sean Conlon
(*Megaphone* street newspaper)
- **Thursday, March 3**
Rachelle Delaney

To register:
604-535-0015, Ext 238
or lpeterson@alexhouse.net.

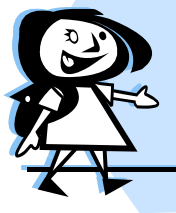
Funded in part by the Surrey Writers' School and Surrey/ White Rock Literacy Implementation Team (BC LegaciesNow)

Community Event

Building Welcoming and Inclusive Neighbourhoods

A November 'Tea and Chat' event welcomed 40 newcomers with Chinese and Korean origins. They shared stories about moving to Canada, finding work, learning English, accessing services, and workplace problems. Highlights from these discussions have been turned into an educational poster that will be unveiled

Sat., January 31, at 1 p.m. at Beecher Place, Crescent Beach.
For information contact Maxine at 604-535-0015 Ext. 238,
or mlarmour@alexhouse.net



Family & Youth Programs

Call Erin at 604-538-5060, Ext. 23
or email eewart@alexhouse.net
for info. about programs noted below.

Journal Covers Workshop

Tuesday Jan. 19, 3:30-5:30 p.m.

For youth in Grades five to eight.
Alexandra Neighbourhood House, 2916 McBride Avenue.
Create a journal cover in this FREE workshop with local artist Violette.
Bring a book or journal to cover. Everything else is supplied!
Call Erin or Cindi 604-538-5060 ext. 23 to register.

Kids Club

Kids ages 6 to 8 are invited to join us **Tuesdays, 3 to 4:30 p.m.** in the Camp Alexandra Games Room for fun, friends, and play.

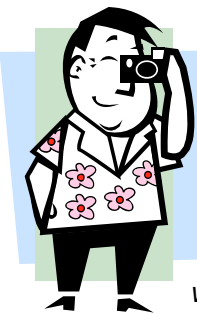
Jan. 16 – Pizza Palooza
Feb. 2 – Slippery Slimey Science
Drop-in. \$2.00

Karma Kids Yoga

For boys and girls ages 6 to 10.
Jan. 29 – Mar. 5, 4 to 5 p.m.
Sol Yoga Studio, 12181 Beecher St., Crescent Beach.

Wanted

Board games and Lego in good condition for our children's programs and events.
Please contact Erin 604-538-5060, Ext. 23



Programs for Seniors

Weekly Hot Lunch Program

Wednesdays 12 noon – 2 p.m. at Camp Alexandra
Enjoy a three-course meal in good company,
with special presenters and entertainers. \$6 per person.
Contact Carol Ann Shannon 504-535-0015 Ext. 232 for details.

Resumes January 13

Wednesday, January 13 - t.b.a.

Wednesday, January 20 - Surrey Museum & Archives Curator:
Slide show and Show & Tell

Wednesday, January 27 - Robbie Burns Celebration

A fond farewell to a good friend

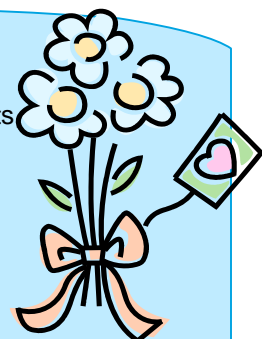
For more than 20 years, **Barbara Stevenson** has been the first point of contact for many of our clients, friends, and neighbours. Whether on the phone or in person, with a kind, gentle spirit Barb always cheerfully offered support and information to all our visitors.

And with her long connection to our organization and the community, she also served as the guardian of so much of our history and so many of our stories.

In December, Barb retired from Alexandra Neighbourhood House.

Much appreciated by her colleagues and the public during her time with us, Barb will be much missed.

But we hope she will continue to visit. Often.



Thank you, Barb!