

# Majors pitch count rules for 2010

Below is a summary/comparison of the pitching rules for 2010 versus 2009.

## 1. Pitching rules for 2010 that are same as 2009

Maximum pitch count;

11-12 year olds; 85 per day

9-10 year olds; 75 per day

Pitching/catching regulations;

If a pitcher pitches 41 or more pitches in a game, the pitcher cannot go into the catching position.

Pitch count and days of rest;

- 1) 0-20 pitches, zero days of rest

## 2. Pitching rules for 2010 that are different from 2009

2010 rules

- 2) 21-35 pitches, 1 calendar day of rest
- 3) 36-50 pitches, 2 calendar days of rest
- 4) 51-65 pitches, 3 calendar days of rest
- 5) 66 or more pitches, 4 calendar days of rest
- 6) 1 pitch constitutes an appearance in an inning (no fractional innings)
- 7) If a catcher catches for 4 or more innings, he/she cannot then go in as pitcher for that game

2009 rules

- 2) 21-40 pitches, 1 calendar days of rest and 1 game
- 3) 41-60 pitches, 2 calendar days of rest and 1 game
- 4) 61 or more pitches, 3 calendar days of rest and 1 game

Differences

- 1) Introduced narrower ranges for days of rest, going from 4 ranges to 5

ranges for pitch count.

- 2) Eliminated the need to sit out a game in addition to the days of rest for categories 2, 3 and 4.